

# Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

January 2020

VOLUME 3, ISSUE 5



## From the Principal

Dear Cascade Families,

As we move into 2020, I want to share my gratitude for the support of the entire community in 2019 and look forward to what lies ahead in a new year *and* a new decade.

The first few months of a school year are always ones that I believe establish the tone and tenor of that academic period. As I reflect on the last few months, I want to reference data that we have from our student Panorama climate survey taken earlier this fall. With over 1400 students fully participating in providing us feedback on their experiences at Cascade, we collected data that reflected improvements in our students' perception in all survey categories. Perhaps most meaningfully, some of greatest growth was in student *sense of belonging* and *school safety*. These improvements are direct reflections of student leadership and staff working to achieve better outcomes for our school and our larger community. As I shared in last month's newsletter regarding our Food Drive, together as a united community we can accomplish so much, and that to ignore or disregard the impact and importance we as individuals have to our school community is to sell ourselves and our school short. As our annual Food Drive shows, when we unite, we can achieve. Simultaneously making our school community a better place to be, both in terms of people feeling welcomed and accepted as well as feeling safe, is not a simple or easy feat, but if we have the commitment of everyone, it will happen. The improvements in student perception this fall are encouraging, but we must continue to work, and I thank you for supporting that work with your student.

When I think about this new year and the starting of a new decade, I think about what Cascade students in 2020 have access to, versus what students may have had access to in 2010. While technology is ever-present, we continue to understand and stress that our students' readiness for post-secondary education and careers is increasingly about their ability to create and collaborate both in-person and through technology. We as a school and as a district continue to seek new and innovative ways to support our students with bringing them opportunities to work within our community and through forming partnerships with the diverse variety of careers and industries available. This new year 2020 will bring us more opportunities to come together as a larger community in support of students. Among just a few of the ways we are working together in these next few months:

- ✓ Students and staff will be working hard this month as we complete the first semester of our school year.
- ✓ We are developing and strengthening partnerships with various organizations in our community, many of whom volunteer or work with our school and district to support student learning.
- ✓ Our Culture Night celebration on April 21 provides our community opportunities to celebrate and honor the diverse backgrounds of our students and families.

Thank you, and I look forward to the new year and continuing to work together in support of our students.

Sincerely,

Michael Takayoshi  
Principal, Cascade High School  
[Mtakayoshi@everettsd.org](mailto:Mtakayoshi@everettsd.org)

**Michael Takayoshi**  
Principal

**Cascade High School**  
801 Casino Road,  
Everett, WA 98203  
[www.everettsd.org/cascadehs](http://www.everettsd.org/cascadehs)

**January 10**

Learning Improvement Friday

**January 17**

Learning Improvement Friday

**January 20**

No School - MLK Day

**January 24**

Learning Improvement Friday

**January 27**

No School - Semester Break

**January 31**

Learning Improvement Friday



# CASCADE HIGH SCHOOL

## Associated Student Body

It is finally the start of the new year! We are nearing the midpoint of the school year and our school year ends in approximately 6 months. I hope that everyone had a fabulous break and stayed warm. December was a huge success and helped many of our students form a stronger community at Cascade. Here's a recap of all the December events

In the opening week of December, we held our “Winter Spirit Week” which included our Winter Pep Assembly that recognized our clubs, sports, staff, as well as class section activities including tiktoks. This Spirit Week ramped up towards our Annual tradition of Brugull Basketball game against our school rival: The Everett Seagulls. Also, on this same day, our choir led by Mrs. Clarke, performed in assistance of our band led by Mr. Staley at Warm Beach. Next, our Robotics teams went on to compete at the Robotics Regional competition this month as well! We are very excited for the advances we are having with our Clubs and Winter sports this season.

As most of us may already know, this year marks our 58th Annual Food Drive! As expected, our school did an amazing job this year. This year our totals were 61,944.50 cans, 2014 gifts, and \$19,453.93. Once again, a big thanks to our students, staff and our community for participating in this huge community event and allowing the Cascade Student body to proceed to make a difference for 160+ families during the annual holiday season.

In the month of January, we have a couple of dates for our Bruin community to look forward to: Senate/Stuco Meeting on January 8<sup>th</sup>, Martin Luther King assembly on January 15<sup>th</sup>, and 1st semester ends January 24<sup>th</sup>.

This month of January has so much potential to be a great month, and I cannot wait to begin to take all the student feedback and find new ways to make Cascade Highschool a more appealing and livelier atmosphere that all our students enjoy. I wish that all our students finish the rest of the 1st semester on a high note and continue to demonstrate compassion and kindness in this new year and display what it really means to be **“Connected by the Crimson.”**

**Kind Regards,  
Hilton Nguyen  
ASB President  
Cascade Highschool**



# That's a Wrap on the 58<sup>th</sup> Annual Food & Gift Drive

WOO HOO! Cascade's 58th Food Drive has come to a close. Thank you to everyone at Cascade for supporting this student-run event year after year. The food drive is successful because of the contributions of **everyone** in the Cascade community. So, THANK YOU to everyone!

## **GIFTS: Over 2014 brought in for 377 children and 15 elderly/disabled adults**

46 classes brought in gifts, ranging from 1 to 400+!

23 classes had 10 or more gifts; 11 classes had 50 or more gifts!

### Top Classes:

1. Rickard
2. Wilson
3. Worthington
3. Hunter
5. Bowers

## **MONEY: \$19,453.93 (We are still getting donations, so this number will increase!)**

55 classes donated money, ranging from \$3.00 to \$1,413.44

5 classes brought in over \$400

39 classes brought in over \$50

### Top Classes:

1. Rickard
2. Rogers
3. Farman
4. Wilson, M
5. Montalvo-Lopez

## **CANNED FOOD ITEMS: 61,944.50**

Our students collected all these cans with only 4 "canning stores" and a few rogue Safeways who did let us collect donations. **THIS IS AMAZING!**

Safeway provided us with 2000 Hunger Bags, which accounts for 20,000 of our food items. Thank you to all the classes who promoted the Hunger Bags at the Safeway stores so we could receive this donation!

Classroom can donations from classes ranged from 3 to 6333

45 classes brought in over 100 cans

8 classes brought in over 1000 cans

3 classes brought in over 5000 cans

### Top Classes:

1. Bowers
2. Rickard
3. Hunter
4. Worthington
5. Himstedt





### **OTHER AWESOME THINGS:**

We were the recipients of several very generous donations from our community businesses:

**Emerson Elementary:** Students at Emerson Elementary donated a van full of food that they have collected during the food drive. They also came to Cascade during shopping day to help sort out the donations that they collected.

**Don, Jan and Megan Jensen** donated 200 turkeys on behalf of the Brett Akio Jensen Memorial Scholarship fund, in memory of their son Brett who was a 2001 graduate of Cascade High School, ASB President, and a passionate student who loved the food drive!

**ZUMIEZ Foundation-** donated three pallets full of winter jackets, beanies, socks, gloves, and hoodies to distribute to our families. Mr. Therrell, a staff alumni of Cascade High School who was passionate about the food drive, has set it up so that Cascade High School Food Drive will receive this generous donation each year.

### **Safeway/Albertsons -**

Awarded us a \$10,000 grant to purchase items that are guaranteed for each of our families, including: turkeys, toilet paper, paper towels, stuffing, potatoes, onions, carrots, eggs, butter, bread, and baby items. They coordinated the logistics between their distribution centers and various stores to arrange a semi-truck full of Hunger Bag product and our perishable items as well as 50 shopping carts for us to use on shopping day.



### **SHOPPING and WRAPPING DAY:**

Over 300 students, 50+ alumni, and numerous staff helped to coordinate the Wrapping Day in the Library and Shopping Day in the gym. We boxed up food and wrapped gifts for over 160+ families, 40 of which are families of our Cascade students. The food required over 1,100 boxes and I wish we counted how many rolls of wrapping paper were used. I'll try to get that number next year. :)

Rachel Raine and Jill Jackson oversaw the massive undertaking of Shopping Day in the library, with the support of many staff members and classrooms who came into wrap up the gifts for those 350+ children and adults.

Thanks to all of you for boxing and pre-sorting your food, we finished sorting food just after 1pm. This makes this day so efficient for our students! Thank you to Mr. Hull, Ms. Hodgins, and Mr. Bertrand who brought in their PE classes during the day to help unload all the pallets off of the Safeway semi-truck and sort out the over 60,000 food items in the gym!



Michelle Crews and Rhonda Covert oversaw the placement of the packaged food for each of the families and organizations. Fitting 1,100 boxes in to ¼ of the gym is no easy task, but they manage to do it flawlessly year after year!

Bruin Community Parents served dinner and brought in desserts and snacks to keep the students hydrated and fed during the sorting and shopping process.

### **DELIVERY DAY:**

100 students and 40+ alumni departed in ~50 vehicles to deliver food to our families and food banks. We had the gym cleaned and swept by 1:30pm, in time for athletics to use the gym.

We sent a crazy amount of extra food, gifts, and baby items to 3 area food banks, including Volunteers of America, Salt of the Earth, and YWCA..

The extra clothing and jackets are being distributed to our local elementary schools and to organizations that will provide them to homeless in our community.

## Way to go, Bruins! Let's do it again next year!



# Class of 2020 Information!



## [Class of 2020 Timeline](#)

**Seniors! Winter break is coming and it's time to make sure you have things done for any late December/early January due dates and prep for scholarship season!**

<p>1. Make sure your <b>transcripts</b> have been requested in Naviance. (CHS office closed from 12/20/19-1/6/20)</p>	<p><a href="http://bit.ly/2nNMPs8">http://bit.ly/2nNMPs8</a></p>	
<p>2. Get your <b>brag sheet</b> ready in Naviance for scholarship season starting Jan. 1, 2020!!</p>	<p><a href="http://bit.ly/2oGMIOM">http://bit.ly/2oGMIOM</a></p>	
<p>3. Need a teacher to write a <b>college Letter of Recommendation</b>? The request has to go through Naviance!</p>	<p><a href="http://bit.ly/2pq2he9">http://bit.ly/2pq2he9</a></p>	



# 2020 Presidential Election

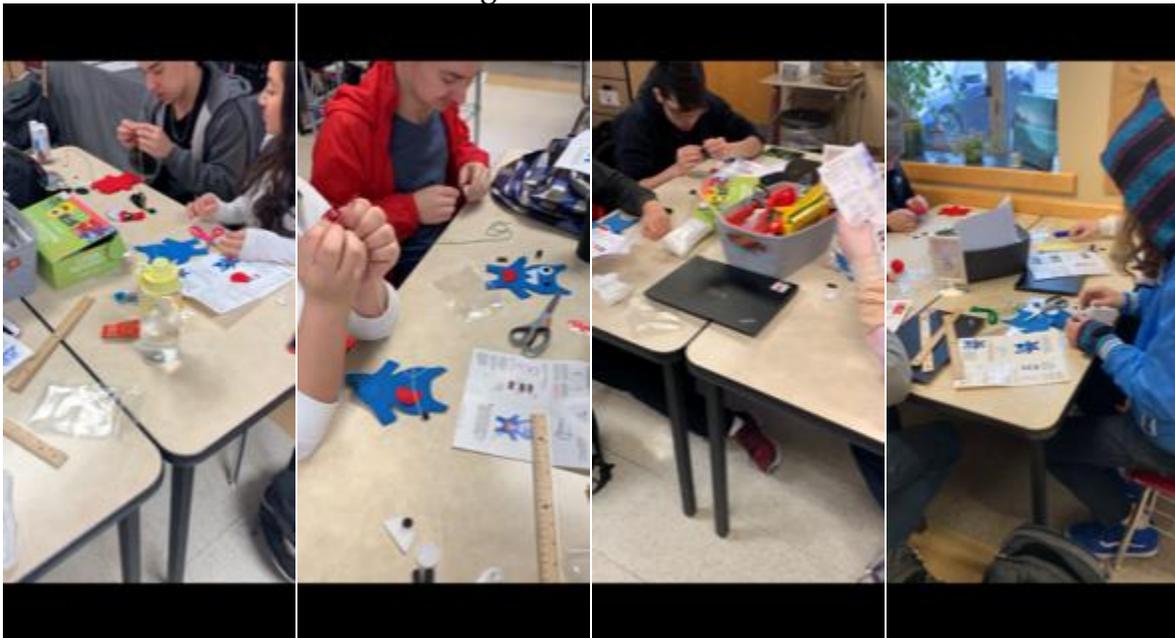
Students the 2020 Presidential election will soon be here, and it will be historic! We are planning a trip to the East Coast to witness the next Presidential Inauguration in DC! Please consider joining us on this once in a life time opportunity to participate in Democracy in action! If interested, please contact Ms. Webster at [Mwebster@everettsd.org](mailto:Mwebster@everettsd.org) or 425-385-6177. There will be a parent information meeting after the new year.



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## Monster Creations!

Himstedt's seniors just got through with their study of Frankenstein and now, they are playing the part of Frankenstein by creating/sewing their own monster creation! Once they are done, they will then play the part of the monster and write its story! Next, they will be heading to Emerson Elementary to deliver their monster to a first grader who is writing a story on the same monster (more of this to come!). Finally, they will discuss perspective within their own class and with the first graders' stories.





# Library Needs a Little Help!

**Parents and Guardians!**

**Do you like to wrap presents? Are you an EPS volunteer cleared to work in our schools?**

**The CHS Library needs your help with book processing!**

**Please email the Library-Media Specialist, Amalia Pimenta if you would like to help us wrap books and get them ready for student checkout.**

**[apimenta@everettsd.org](mailto:apimenta@everettsd.org)**



## Are you cleaning and purging for the new year?



**The CHS Library is looking for:**

- **PUZZLES** that are between 500-1000 pieces for our district-wide EPS Puzzle Challenge. Note: we would prefer puzzles with all pieces intact!
- Sewing notions, supplies and fabric for our Makerspace and Technology Student Association projects
- Old dolls of every variety (no stuffies, please) for our Break and Make project





# LOVE/SICK

*by: John Cariani*

**PRESENTED BY**

**THE CASCADE HIGH SCHOOL  
DRAMA CLUB**

DOORS OPEN AT 6:30 SHOW STARTS AT 7



*Tickets: \$5 with ASB and \$7 without*  
**WHEN: JANUARY 9TH, 11TH  
AND 17TH**



**Studies are Bruin in the Library!**

**When: Tuesdays and Thursdays**

**Time: 2:10PM – 3:30PM**

**DO HOMEWORK**

**Study for Assessments**

**READ**

**GroupWork on Projects**

**Tutoring by Appointment**

**TECH ASSISTANCE**

**Meet with a Study**

**STUDY**

**Come join us in the CHS Library!**

**Activity Bus available at 4pm**





# CASCADE HIGH SCHOOL

## Attendance Policies

**Lisa Haines, Attendance Secretary**

**(425) 385-6004**

**To excuse an absence or tardy,  
please do one of the following as stated below.**

Welcome to the 2019-20 school year.

Please read the information below outlining the CHS Attendance procedures.

- 1) **Written notes (paper) or an e-mail to [chsattendance@everettsd.org](mailto:chsattendance@everettsd.org) are required to excuse a student's absence. You can also send a fax to (425) 385-6002 to excuse your student.** Phone calls reported to the attendance line need to be followed up with a note or e-mail.

Students who are running late to class in the morning or anytime during the school day, who do not have a note excusing their tardy or absence, will go directly to class. If the student has a note from a parent/guardian or doctor's note they will stop by the attendance office to receive a late pass to class. If your student needs to leave early for an appointment during the school day please send a written note and have your student drop it off to the attendance office. I will write them a pass to give to their teacher stating the time they need to leave class for the appointment and send them to the attendance office to sign out.

Students are not permitted to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

**Do NOT text or call your student during class to have them leave.** Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

- 2) **Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning.** If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it within the 30-day timeframe.
- 3) **Notes must be turned in within 30 days after a student returns back to school,** not including holidays or weekends, in order to have the absence excused. Notes turned in past the 30-day timeframe will be accepted; however, the absence is not excused and will be coded with **LN for late note**.



- 4) **IF you receive a phone call saying your student was marked absent in a class** and they say to you, “I was there,” please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission to change an absence that is deemed a “mistake” as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 30 day policy or before 10:00 a.m. policy does not apply for fixing these mistakes.
- 5) If your student is out of school **over 5 days due to illness, a doctor’s note is required to excuse the absence. Homework can be requested for students out sick over 3 days.** Please be aware that we require 24 hour’s notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- 6) **Pre-Arranged absence request:** If your student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and signed by all teachers along with parent/guardian. The Principal will review and consider all Pre-Arranged absence requests before approval.
- 7) **PLEASE know what time your student has lunch or is in a PE class.** It is ***not possible to find your student during lunch and extremely difficult to find them during PE.*** If you must pick them up during either of these times, please send a note with your student asking for them to be dismissed at a specific time. Your student will bring that note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- 8) **Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence will not be excused per ESD policy.**
- 9) **The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:**
  - **Illness**
  - **Appointment**
  - **Funeral**
  - **Emergency gious Observance**





**SATURDAY ACADEMY &**

# **PANCAKES**

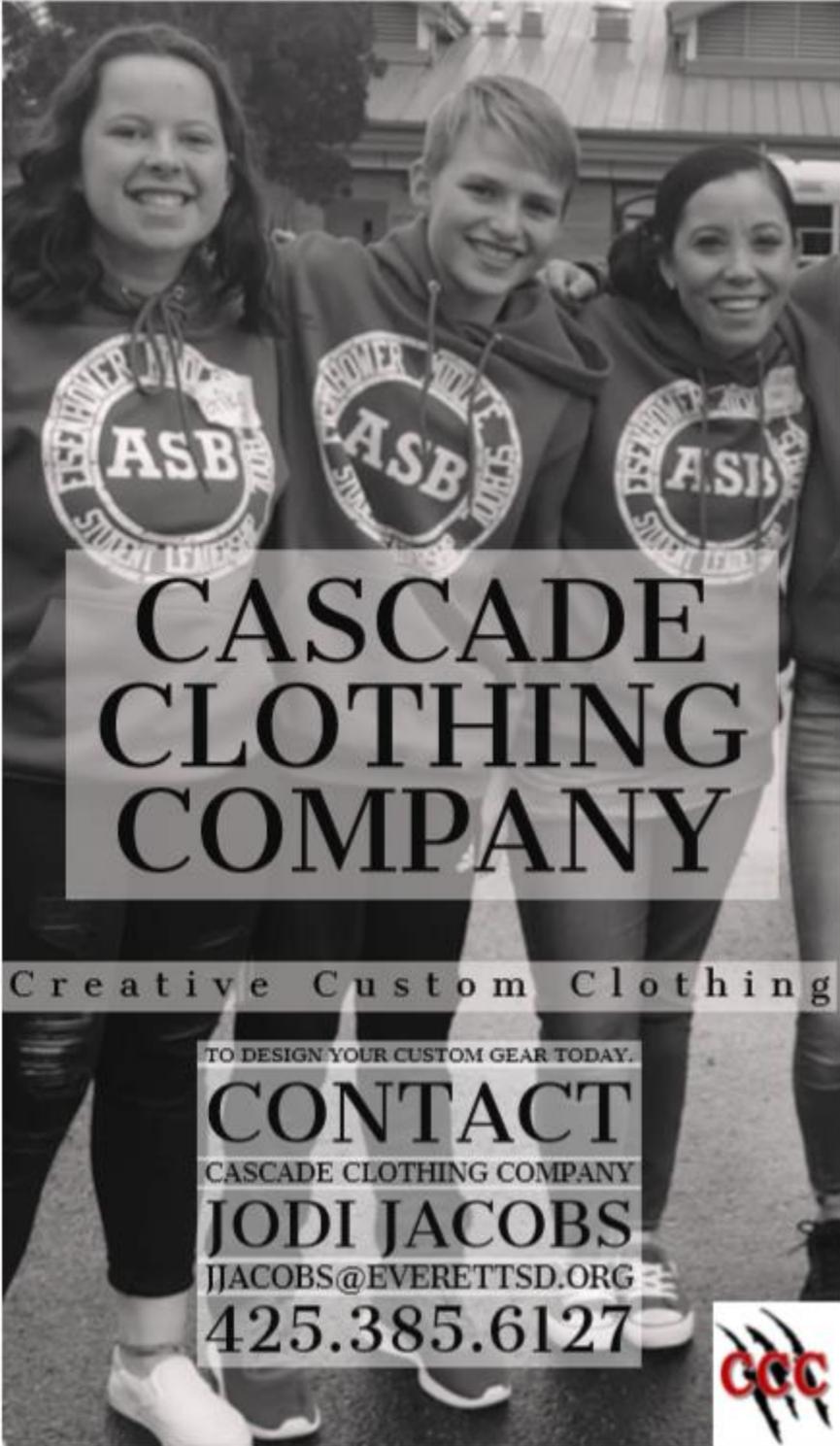
**JOIN US FOR DELICIOUS FOOD AND HELP  
WITH SCHOOL WORK!**

**JANUARY 11, 2020**

**8:00 TO 11:00 AM**

**CHS LIBRARY**

**DO YOU NEED AN OPPORTUNITY TO GET  
CAUGHT UP? DO YOU NEED SOME  
ACADEMIC TUTORING? DO YOU NEED  
HELP BEFORE FINALS? DO YOU NEED  
PANCAKES? THEN SATURDAY ACADEMY  
IS FOR YOU!**



**CASCADE  
CLOTHING  
COMPANY**

Creative Custom Clothing

TO DESIGN YOUR CUSTOM GEAR TODAY.

**CONTACT**  
CASCADE CLOTHING COMPANY  
**JODI JACOBS**  
JJACOBS@EVERETTSO.ORG  
425.385.6127





# PS

*The Pride Shop*

CASCADE

HIGH SCHOOL

SPIRIT WEAR

FOR MORE INFORMATION EMAIL:  
JJACOBS@EVERETTSCHOOLSDISTRICTS.ORG



## January is School Board Appreciation Month

The month of January marks the annual observance of School Board Recognition – a time to salute the work of school board members and celebrate public education. You can learn more about [board members online](#). You can also watch past school board meetings on the district's YouTube channel.

## Good Citizenship Day



Register  
to vote  
here.

Good Citizenship Day shall be observed on January 16. On that day, social studies teachers coordinate a voter registration event in each history or social studies class attended by high school seniors. Students who will be eighteen years of age or older by the time of the next general election will be given the opportunity to register to vote online in the classroom. Paper registration will also be made available in the classroom.

## Delayed start or closed schools

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at <https://www.everettsd.org/>
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

## Food and Nutrition

This month, the Food and Nutrition Department brings you potatoes grown in the PNW! Be sure to check out our menu for dishes containing this tasty Harvest of the month!

Did you know that potatoes are the most popular vegetable grown in the US and are an excellent source of Vitamin C, B6 and potassium? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>



I have so many potato jokes. I just don't know where to starch.



## Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

### 3 easy ways

Text or call

 855-637-2095

 1350@alert1.us

 <http://1350.alert1.us>



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

**Designated to handle inquiries about nondiscrimination policies are:**

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106, PO Box 2098, Everett, WA 98213
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063, PO Box 2098, Everett, WA 98213
- ADA Coordinator – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104, PO Box 2098, Everett, WA 98213